

SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS:

S0

Each capsule (60) contains:

INGREDIENT	QUANTITY	*NRV %
<i>Amorphophallus konjac</i> (Konjac root) [root, as 200 mg of an extract standardised to 95% Glucomannan]	200 mg	**
<i>Berberis aristata</i> (Indian Barberry) [root, as 150 mg of an extract standardised to 97% Berberine Hydrochloride)	150 mg	**
<i>Humulus lupulus L.</i> (Hops) [flower, as 100 mg of a 5:1 extract providing 500 mg dried herb equivalent]	100 mg	**
<i>Cinnamomum cassia</i> (Cinnamon) [bark, as 60 mg of a 4:1 extract providing 400 mg dried herb equivalent]	60 mg	**
Hydrolysed Bovine Collagen	60 mg	**
Chromium (as Chromium Picolinate)	60 µg	143 %

* % Nutrient Reference Values (NRVs) for individuals 4 years and older.

** Nutrient Reference Values (NRVs) not available.

Sugar content: Sugar free.

Full list of excipients: See section 6.1

Complementary Medicines

Category D

D. 33.7 Combination product, Complementary Medicines: Discipline- Specific

Traditional Claims

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use. This complementary medicine is not intended to diagnose, treat, cure or prevent any disease. A varied diet is the most effective and safe way to achieve good nutrition, health, body composition as well as mental and physical performance.

Read all of this leaflet carefully because it contains important information for you

SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES is available without a doctor's prescription. Nevertheless, you still need to use SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES carefully to get the best results.

- Keep this leaflet. You may need to read it again.
- Do not share SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES with any other person.

What is in this leaflet

1. What SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES is and what it is used for
2. What you need to know before you take SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES

3. How to take SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES
4. Possible side effects
5. How to store SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES
6. Contents of the pack and other information

1. What SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES is and what it is used for

SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES aids in:

- the support of overall digestive well-being
- the support of appetite control & satiety
- the treatment of hepatic and pancreatic disorders
- the improvement of insulin sensitivity
- the metabolism of carbohydrates and fats
- the maintenance of a healthy immune system.

SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES is also:

- a source of the essential amino acid lysine to help in collagen formation
- a provider of support for healthy glucose metabolism
- a factor in the maintenance of good health.

2. What you need to know before you take SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES

Do not take SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES if you are hypersensitive (allergic) to the active substance(s) or any of the ingredients listed in section 6.

- if you are pregnant or breastfeeding
- if you are a child under the age of 18 years old
- if you are taking any medication for diabetes or your liver
- if you have any underlying health conditions.

Consult with a relevant health care provider right away if any of these apply to you.

Warnings and precautions

If symptoms persist or worsen, reoccur, or are accompanied by a fever, rash or persistent headache, discontinue use and consult a relevant health care provider.

Special care should be taken with SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES:

- if you are pregnant or breastfeeding
- if you are a child under the age of 18 years old
- if you are taking any medication for diabetes or your liver
- if you have any underlying health conditions
- if you experience pain, swelling or blistering, stop use and get medical help right away.

Do not exceed the recommended dose of one (1) capsule a day. If you exceed the recommended daily dose, seek medical advice.

Children and adolescents

SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES should not be given to children under the age of 18 years old.

Other medicines and SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE

Always tell your healthcare professional if you are taking any other medicine.

(This includes complementary or traditional medicines).

Ask a relevant health care provider if this product may interact with other medicines that you take.

Check with a relevant health care provider before you start, stop, or change the dose of any medicine.

Consult a relevant health care provider before using the product, if you are currently on any prescribed medication.

Pregnancy and breastfeeding

SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES should not be taken by pregnant/breastfeeding/lactating women.

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult a relevant health care provider for advice before taking this medicine.

Driving and using machines

Effects on ability to drive and use machines: No data available.

3. How to take SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES

Do not share medicines prescribed for you with any other person.

Always take SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES exactly as described in this leaflet or as your relevant health care provider has told you. Check with a relevant health care provider if you are not sure.

Not recommended for individuals under the age of 18 years old.

Take one (1) capsule daily. Do not exceed the maximum recommended daily intake of one (1) capsule a day.

If you take more take SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES than you should

In the event of overdosage, consult a relevant health care provider. If neither is available, contact the nearest hospital or poison centre.

If you forget to take SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES

If you forget to take a dose, take it as soon as you remember, and then continue as before.

Do not take a double dose to make up for forgotten individual doses.

4. Possible side effects

If taken in large amounts, SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES may cause undesirable effects which are usually mild, including

headache, sleep disturbances, hepatic disorders, pancreatic disorders and an abnormal increase in insulin sensitivity.

Hypersensitivity to SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES or any of its ingredients has been known to occur; in which case, discontinue use.

If any of the following happens, stop taking SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES and tell your doctor immediately or go to the casualty department at your nearest

hospital:

- swelling of the hands, feet, ankles, face, lips and mouth or throat, which may cause difficulty in swallowing or breathing,
- rash or itching,
- fainting

These are all very serious side effects. If you have them, you may have had a serious reaction to SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES. You may need urgent medical attention or hospitalisation.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get side effects, talk to your doctor, pharmacist, or nurse. You can also report side effects to SAHPRA via the “**6.04 Adverse Drug Reaction Reporting Form**”, found online under SAHPRA’s publications: <https://www.sahpra.org.za/Publications/Index/8> . By reporting side effects, you can help provide more information on the safety of SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES.

5. How to store SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES

Store in a cool, dry place at or below 25 °C.

Store all medicines out of reach of children.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets).

6. Contents of the pack and other information

What SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES contains

The active substances can be found on page 1.

The inactive ingredients are: Bovine Gelatine Capsule, Corn Starch, Magnesium Stearate.

What SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES look like and contents of the pack

SLIMZ THERMAPEPTIDE® GLP-1 METABOLIC PEPTIDE SUPPORT CAPSULES is a ginger coloured and flavoured syrup contained in a white PET bottle.

Holder of Certificate of Registration

XS PHARMA (Pty) Ltd

The Innovation Hub

1 Mark Shuttleworth St

Lynwood

Pretoria

0087

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